



31068 INSTALLATION INSTRUCTIONS

Safety glasses should be worn at all times while installing this product.

YEARS: 2009-CURRENT
2009-CURRENT
2009-2014

MAKE: FORD
LINCOLN
FORD

MODEL: EXPEDITION
NAVIGATOR
F-150

STYLE: SUV
SUV
TRUCK

WARNING: NEVER EXCEED YOUR VEHICLE MANUFACTURER'S RECOMMENDED TOWING CAPACITY
For more information log onto www.curtmfg.com & for helpful towing tips log onto www.hitchinfo.com

WEIGHT CARRYING: TRAILER WEIGHT: 5,000 LBS.
TONGUE WEIGHT: 500 LBS.

GROSS LOAD CAPACITY WHEN USED AS A STRAIGHT LINE PULL:
9,000 LBS MAX.

PRO INSTALL TIME: 30 MIN.
NOVICE INSTALL TIME: 60 MIN.

IF YOU ARE HESITANT TO UNDERTAKE THIS TASK ON YOUR OWN, CONTACT AN AUTHORIZED CURT INSTALLER FOR ADDITIONAL ASSISTANCE.

INSTALLATION REQUIRES:

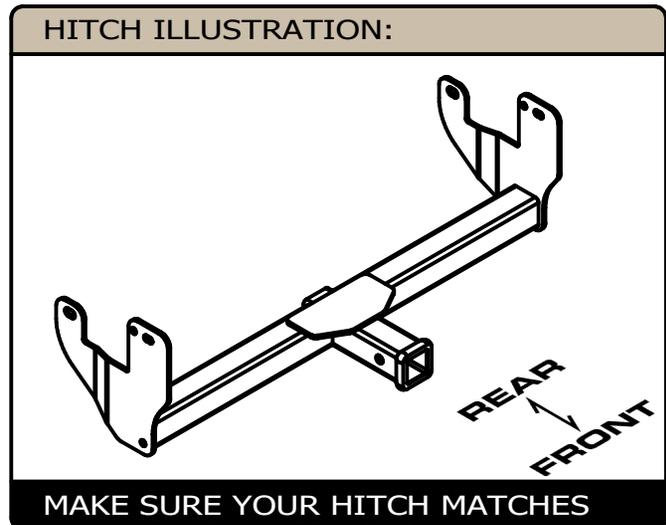
		3/4" 15/16" 15MM
TORQUE WRENCH	RATCHET	SOCKET
SAFETY GLASSES	AVIATION SHEARS	MASKING TAPE
MARKER		

INSTALLATION TIPS:

- BEFORE YOU BEGIN INSTALLATION, READ ALL INSTRUCTIONS THOROUGHLY.
- TO EASE INSTALLATION, 2 PEOPLE MAY BE REQUIRED.
- USING PROPER TOOLS WILL GREATLY IMPROVE THE QUALITY OF THE INSTALL AND REDUCE THE TIME REQUIRED.
- NEED HELP OR HAVE SOME QUESTIONS? CALL TECHNICAL SUPPORT AT 877.287.8634

LEVEL OF DIFFICULTY: MODERATE

EASY	MODERATE	CHALLENGING
	4X4 MODELS - TRIM 3/8" x 3 1/2" 4X2 MODELS - TRIM 1" x 3 1/2"	
	FISHWIRE (2) 5/8" BOLTS	
	NO DRILLING REQUIRED	
	ON 2011 AND NEWER REMOVE LOWER AIR DAM	

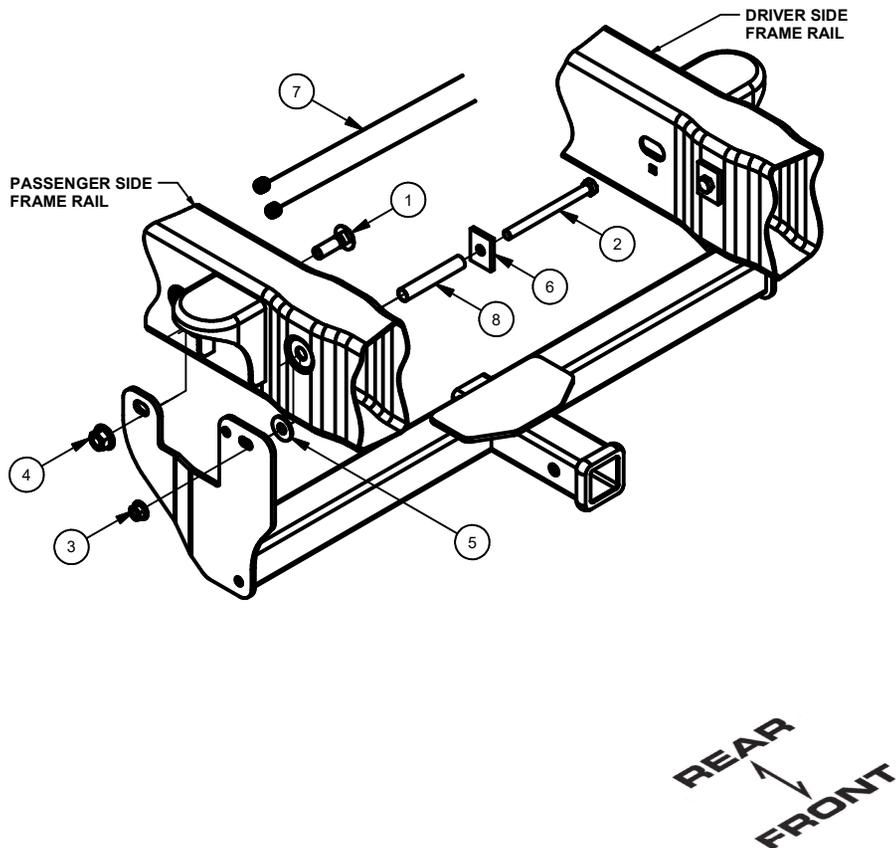


SCAN FOR MORE INFO

PERIODICALLY CHECK THIS RECEIVER HITCH TO ENSURE ALL FASTENERS ARE TIGHT AND ALL STRUCTURAL COMPONENTS ARE SOUND
CURT Manufacturing LLC. warrants this product to be free of defects in material and/or workmanship at the time of retail purchase by the original purchaser. If the product is found to be defective, CURT Manufacturing LLC. may repair or replace the product at their option, when the product is returned, prepaid, with proof of purchase. Alteration to, misuse of, or improper installation of this product voids the warranty. CURT Manufacturing LLC.'s liability is limited to repair or replacement of products found to be defective, and specifically excludes liability for incidental or consequential loss or damage.
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This product complies with safety specifications and requirements for connecting devices and towing systems of the state of New York, V.E.S.C.Regulation V-5 and SAE J684.

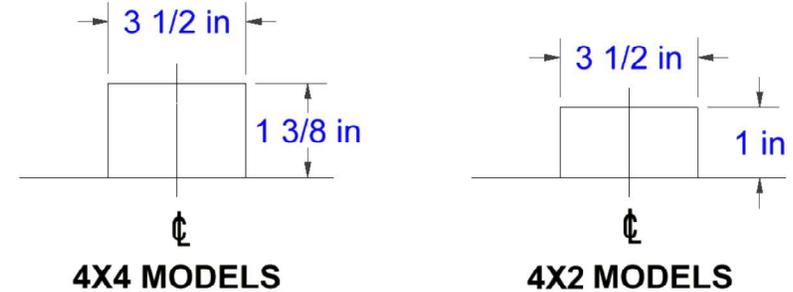
INSTALLATION WALKTHROUGH:

Parts List			
ITEM	QTY	PART NUMBER	DESCRIPTION
1	2	10-10344	BOLT,CAR,5/8-11 UNC,2,GRD8,YZ
2	2	10-10499	HHCS,1/2-13 UNC,6,GRD8,YZ
3	2	20-00062	NUT,SER-FLANGE,1/2-13 UNC,GRD8,YZ
4	2	20-00105	NUT,SER-FLANGE,5/8-11 UNC,GRD8,YZ
5	2	30-00133	WASHER,FLAT,1/2,YZ
6	2	CM-SP16	.250 x 1.50 x 2.00" ROUND HOLE SPACER
7	2	5_8 FISHWIRE	5/8" FISHWIRE
8	2	31068-TS	.706 OD x .042 TUBE SPACER



1. Remove the lower air dam on 2011 and newer trucks by removing (2) nuts with a 15MM socket. Trim the lower plastic bumper fascia as required using the diagram below as a reference only.

BUMPER FASCIA TRIM DIAGRAMS



2. Tape the (2) 1/2" washers securely to the forward most attachment point. Insert 1/2" x 6" hex bolts into the CM-SP16 and 31068-TS and install from the inboard side of the frame through the 1" hole, passing out of the 1/2" washer.



INSTALLATION WALKTHROUGH:

3. Press the 6" long bolts into the frame to allow the hitch to slide up into position. Raise hitch, press bolts back out, and loosely install the 1/2" hex flange nuts.



4. Fishwire the 5/8" carriage bolts from the end of the frame into the rearward mounting slots in the frame. Loosely install the remaining 5/8" hex flange nuts.



5. Torque all 1/2" fasteners to 110 lb-ft and all 5/8" fasteners to 180 lb-ft.



*****DO NOT EXCEED VEHICLE MANUFACTURER'S RECOMMENDED TOWING CAPACITY ***.**

FRONT MOUNTED ACCESSORIES

1) Do not exceed front axle Gross Weight Rating (GAWR). Consult owners manual or specification plate located on driver's door frame. Measure gross front axle weight by placing front wheels of loaded vehicle on a scale.

WARNING: Exceeding GAWR may overload the front axle and/or suspension. This could result in **accident, property damage and personal injury.**

2) Reposition front mounted license plate if obstructed.

3) Do not obstruct vehicle lights.

4) Allow free air flow into grille opening.

5) Rear wheel traction may be reduced. This could effect handling. Reduce speed and drive with caution.

6) Accessories extend front of vehicle. This may reduce approach angle. Use caution when parking and maneuvering.

7) Do not obstruct driver view.

VEHICLE RECOVERY AND WINCHING TIPS

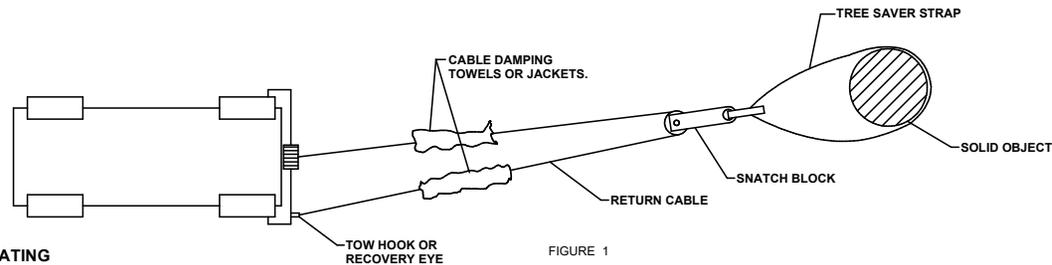
1) Use OEM tow hooks, recovery eyes or a clevis mount for attachment of a tow strap or winch cable.

WARNING: **NEVER** use a ball and/or ball mount as an anchor point for tow strap or winch cable. Severe personal injury or death could result.

2) Observe winch manufacturer's recommendations, cautions and warnings.

3) Attach return cable to tow hook or recovery eye when using a snatch block (See figure 1).

CAUTION: Do not attach return cable to winch mount. This may overload winch mount and/or front mounted receiver.

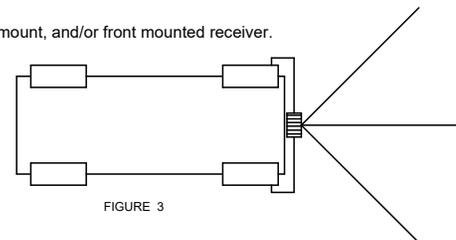
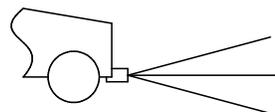


RATING

For **Maximum** line pull rating, winch cable must not exceed:

- 15 degree angle up or down from horizontal (See Figure 2).
- 45 degree angle left or right from straight ahead (See Figure 3).

CAUTION: Exceeding the maximum line pull rating may over load winch, winch mount, and/or front mounted receiver.



31068 FORD F-150, FORD EXPEDITION, LINCOLN NAVIGATOR

07/09/2020

GROSS LOAD CAPACITY WHEN USED AS A WEIGHT CARRYING HITCH: 5,000 LBS. TRAILER WEIGHT & 500 LBS. TONGUE WEIGHT.

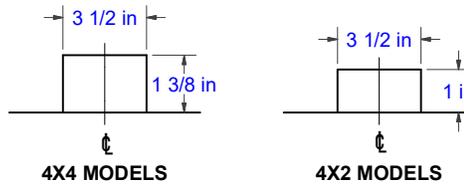
GROSS LOAD CAPACITY WHEN USED AS A STRAIGHT LINE PULL: 9,000 LBS. MAX. LINE PULL.

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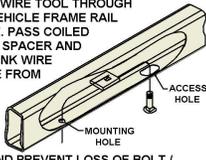
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BUMPER FASCIA TRIM DIAGRAMS



FISHWIRE TECHNIQUE

INSERT COILED END OF FISHWIRE TOOL THROUGH HITCH MOUNTING HOLE IN VEHICLE FRAME RAIL AND OUT THE ACCESS HOLE. PASS COILED END OF FISHWIRE THROUGH SPACER AND THREAD BOLT INTO COIL. KINK WIRE TO KEEP SPACER SEPARATE FROM BOLT AS SHOWN. PULL FISHWIRE, SPACER, AND BOLT THROUGH FRAME AND OUT MOUNTING HOLE. USE FISHWIRE TO GUIDE HITCH DURING MOUNTING AND PREVENT LOSS OF BOLT / SPACER INSIDE FRAME RAIL.



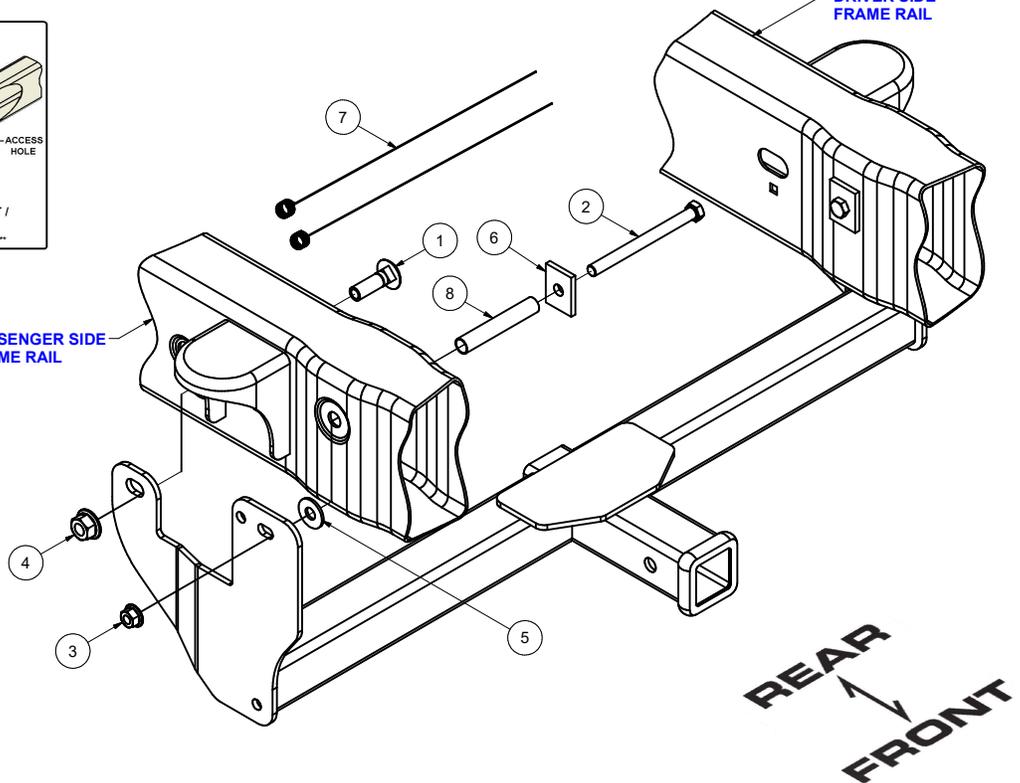
NOTE: SOME VEHICLES MAY FISHWIRE THROUGH END OF FRAME

TOOLS REQUIRED

3/4" SOCKET
15/16" SOCKET
15MM SOCKET
RATCHET
TORQUE WRENCH
AVIATION SHEARS
TAPE
MARKER

PASSENGER SIDE
FRAME RAIL

DRIVER SIDE
FRAME RAIL



HITCH WEIGHT: 37 LBS.

INSTALL TIME

PROFESSIONAL: 30 MINUTES

NOVICE (DIY): 60 MINUTES

INSTALL NOTES:

- MAY NEED TO REMOVE AIR DAM
- TRIM LOWER BUMPER FASCIA
- FISHWIRING REQUIRED
- NO DRILLING

INSTALLATION STEPS

1. Remove the lower air dam on 2011 and newer trucks. Trim the lower plastic bumper fascia as required using the diagram above as a reference only.
2. Tape the (2) 1/2" washers securely to the forward most attachment point. Insert 1/2" x 6" hex bolts into the CM-SP16 and 31068-TS and install from the inboard side of the frame through the 1" hole, passing out of the 1/2" washer.
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FORD F-150, FORD EXPEDITION, LINCOLN NAVIGATOR

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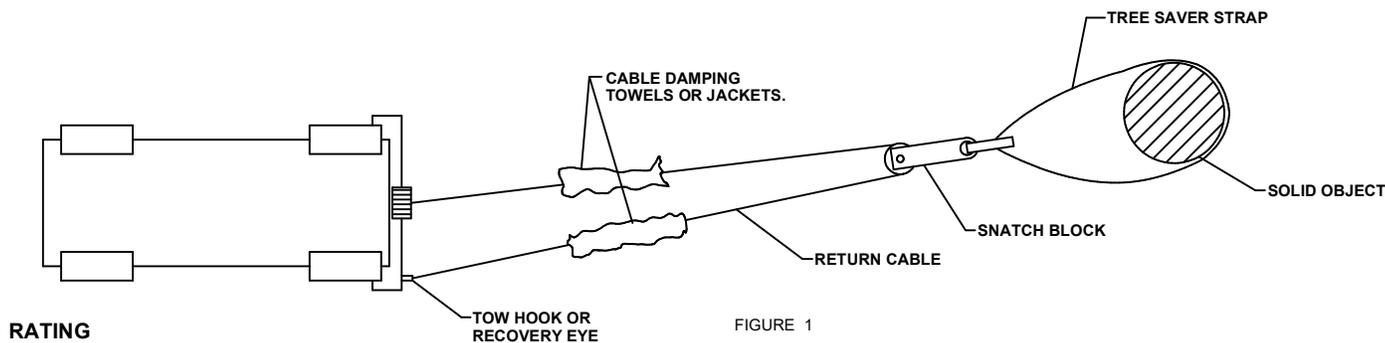
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